

Heart Facts 2007: All Americans

Cardiovascular Diseases Still No. 1

FACT: Cardiovascular diseases (CVD) rank as America's No. 1 killer, claiming the lives of over 36 percent of the more than 2.4 million people who die each year in the United States. Cancer kills nearly 23 percent. All other causes of death account for about 41 percent.

FACT: 79.4 million people in the United States have some form of CVD. This includes diseases of the heart, stroke, high blood pressure, congestive heart failure, congenital cardiovascular defects, hardening of the arteries and other diseases of the circulatory system.

FACT: An estimated 72 million people in the United States age 20 or older have high blood pressure, a risk factor for CVD.

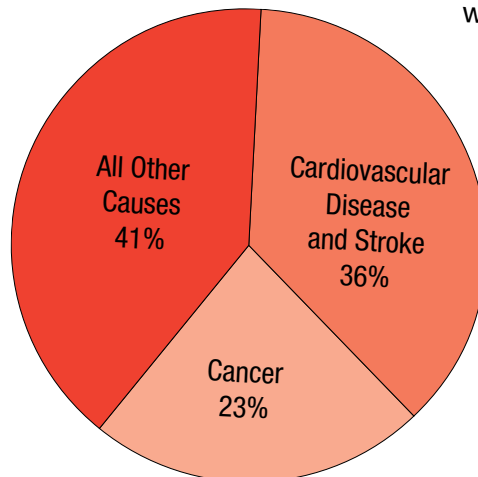
FACT: It's estimated that about 37.2 percent of non-Hispanic white men and 35 percent of non-Hispanic white women have CVD.*

FACT: Among non-Hispanic blacks, 44.6 percent of men and 49 percent of women have CVD.*

FACT: Among Mexican Americans, 31.6 percent of men and 34.4 percent of women have CVD.*

FACT: The total cost for CVD-related medical care and disability in the United States will be \$431.8 billion in 2007.

FACT: 105.2 million people in the United States age 20 or older have blood cholesterol of 200 mg/dL or above, a risk factor for CVD.



[Causes of Death for All People in the United States, 2004 Data]

* Estimates are age-adjusted to remove the effect of differences in the age distribution of population groups. Data from this U.S. government survey included Mexican Americans but not other people of Latino or Hispanic origin.

The American Heart Association spent about \$544 million during FY 2005–06 on research support, professional and public education, and community service programs.

Medical research continually seeks to reduce disability and death from heart attack, stroke and other heart and blood vessel diseases.

For more information call 1-800-AHA-USA1 or visit us at americanheart.org

Heart Facts 2007: African Americans

Cardiovascular Diseases Still No. 1

Note: U.S. government agencies and population surveys use the terms "blacks" and "non-Hispanic blacks."

FACT: Cardiovascular diseases (CVD) rank as the No. 1 killer of African Americans, claiming the lives of 36.3 percent of the more than 291,000 blacks who die each year. Cancer follows, killing 21.5 percent. All other causes of death account for about 42 percent.

FACT: Nearly 5 of every 10 non-Hispanic black adults have CVD*. This includes diseases of the heart, stroke, high blood pressure, congestive heart failure, congenital cardiovascular defects, hardening of the arteries and other diseases of the circulatory system.

FACT: For every 100,000 persons in the United States in 2004, about 289 people died from CVD. This is the age-adjusted CVD

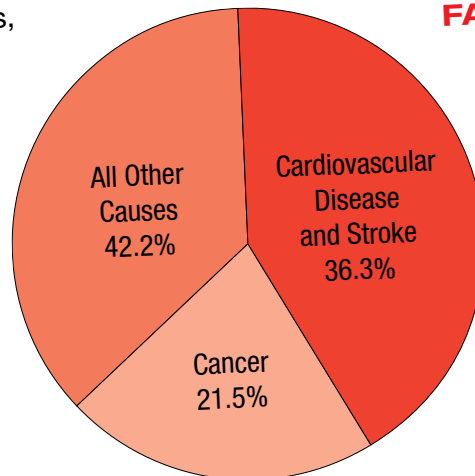
death rate for the total population. Among blacks the CVD death rate was even higher — 448.9 for males and 331.6 for females per 100,000 population.*

FACT: Nearly 45 percent of black adults in the United States have high blood pressure (HBP), one of the highest rates in the world. Compared with whites, blacks are more likely to have HBP, to be overweight or obese, and to have diabetes. All these factors raise their CVD risk.

FACT: The age-adjusted 2004 death rate from coronary heart disease (CHD), which includes heart attack, was over 23 percent higher among

black adults than for the total adult population in the United States.

* Estimates are age-adjusted to remove the effect of differences in the age distribution of population groups.



Causes of Death for Blacks or African Americans in the United States, 2003 Data

The American Heart Association spent about \$544 million during FY 2005–06 on research support, professional and public education, and community service programs.

Medical research continually seeks to reduce disability and death from heart attack, stroke and other heart and blood vessel diseases.

For more information call 1-800-AHA-USA1 or visit us at americanheart.org